



Update: July 27, 2020

### **General Guidelines:**

1. Wear a face mask: if you are not in your apartment, we ask that you wear a face mask. That includes common areas, hallways, laundry rooms, outdoor patios, etc. This is now mandatory in Vermont for all public places.
2. Social distance: Please maintain a 6ft distance between you and others while in the building.
3. Hand sanitize any time you enter the building or enter a common area. Please continue to wash hands regularly. This will prevent germs from spreading into our community.

#### **• VISITORS**

- We are still strongly encouraging limitation of non-essential visitation, but understand that meeting with family/friends is important for mental health and well-being.
- Non-essential visitors, like family/friends, are permitted but we are asking that they be vigilant with their health and postpone visiting if they have any symptoms related to COVID-19.
- We are encouraging outside visitation rather than inside, if possible.
- Visiting residents in common areas or apartments is permitted if outside meetings are not possible and if General Guidelines above are followed.
- Communities will make a couple areas available for visiting family inside, which are cleaned regularly and allow for social distancing.
- All visitors are required to wear a mask while in and around our communities.

#### **• DELIVERIES**

- Deliveries are permitted to be brought into the buildings, so long as the delivery person is adhering to the General Guidelines above.

### **Additional Guidance for Senior Living Communities:**

#### **• Gathering:**

- We continue to allow groups of 4 or less to congregate in the common areas. Please adhere to all guidelines above, including wearing masks and social distancing.
- Community events are still on hold, as well as puzzles in the common areas.

#### **• Meals:**

- We will continue to offer meals TO-GO, but unfortunately are not ready to have meals held in the dining rooms yet.

#### **• Hair Salon:**

- Hair salons to open to residents only right now. We plan to re-evaluate that by September 1<sup>st</sup>.