



Update: September 28, 2020

General Guidelines:

1. Wear a face mask: if you are not in your apartment, we ask that you wear a face mask. That includes common areas, hallways, laundry rooms, outdoor patios, etc. This is now mandatory in Vermont for all public places.
 2. Social distance: Please maintain a 6ft distance between you and others while in the building.
 3. Hand sanitize any time you enter the building or enter a common area. Please continue to wash hands regularly. This will prevent germs from spreading into our community.
- **VISITORS**
 - We are still strongly encouraging limitation of non-essential visitation but understand that meeting with family/friends is important for mental health and well-being.
 - Non-essential visitors, like family/friends, are permitted but we are asking that they be vigilant with their health and postpone visiting if they have any symptoms related to COVID-19.
 - Visiting residents in common areas or apartments is permitted if General Guidelines above are followed.
 - Community common areas are open for visiting family members which are cleaned regularly and allow for social distancing.
 - All visitors are required to wear a mask while in and around our communities.
 - **DELIVERIES**
 - Deliveries are permitted to be brought into the buildings, so long as the delivery person is adhering to the General Guidelines above.

Additional Guidance for Senior Living Communities:

- **Small/Gathering:**
 - We continue to allow groups of 4 or less to congregate in the common areas of your community. We are asking everyone to exercise common sense, adhere to all guidelines above, including wearing masks and social distancing. Puzzles and card games are acceptable now. Please exercise caution and sanitize your hands, cards and puzzle pieces.

- **Larger /Gatherings:**

- We are cautiously going to allow larger community gatherings to occur. This would include group events such as bingo games and movie nights. The exact size of the group is determined by CDC guidance of one person per 100 square feet of room space.
- These larger gatherings need to be coordinated with your Community Manager. All common area space used for larger groups must be approved by your Community Manager and all attendees of each event must sign up in advance. Please see your Community Manager for guidance and assistance.

Meals:

- We will continue to offer meals TO-GO, but unfortunately are not ready to have meals held in the dining rooms yet.

- **Hair Salon:**

- Hair salons are open to residents and outside guests now.